

## **G FORCE GYM BIRTHDAY PACKAGES:**

# BIRTHDAY PARTIES

We know how difficult it is to find a prime location to have your child's PERFECT PARTY. That is why we are opening our 8340sq ft facility to YOU!!

Choose From:



**Birthday Bash:** Two hours of pure fun!! 1.25 hours includes games and activities led by G Force Gym Staff on our carpeted sprung floor followed by time on trampoline(s), bouncy tent and other equipment followed by an additional 45 minutes for a pizza party and gift opening.

**Cheer Party: Be original...** your friends will LOVE it!! The birthday girl or boy and friends will enjoy a CHEER-filled 2-hour birthday party instructed by G Force Gym Cheer Staff. This party starts with games, warm up, trampoline lessons, tumbling and gymnastics fun and then learning a dance and/or birthday cheer for the birthday girl. The birthday bunch will perform their 'stuff' at the end for the parents. Real Cheerleading uniforms are available upon request.

**Sleepover Party: BOOK G Force Gym for a Sleepover Party!** The only nights available are Fridays or Saturdays. The party begins at 7 or 8pm (Your choice) and everyone needs to be out of the gym by 8am the next morning. There is a 1 Adult per 6 children requirement during the sleepover and G Force Gym will provide one staff member with First Aid/CPR Certification to stay the night, too. Members who book the party must ensure that the gym is left tidy with everything put in its place, bathrooms cleaned, and garbage bagged and taken to the waste bin.

### **Birthday Party Options & Prices:**

**Parents supply the birthday cake and goodie bags. VAS supplies juice boxes or pop and pizza, chips, plates, and napkins.**

\* Includes one slice per child

\* Extra Large Pizza is \$15 & Extra Medium is \$13.50

\* Extra Pizzas can be ordered at the beginning of the Party

\* Freezer and Fridge available at the gym for appetizers or cakes

Type of Party	Number in Party	Cost with food included	Cost without food/drinks & supplies
<b>Birthday Bash or Cheer Party</b>	Up to 10	\$150	\$125
	Every additional child	\$8	
<b>Sleepover Party</b>	Up to 15	\$275	\$225
	Every additional child	\$8	



**BOOK YOUR BIRTHDAY PARTY  
AT  
G FORCE GYM**



### **Address:**

#700-1515 Broadway St  
Port Coquitlam, BC  
V3C 6M2  
(604) 464 8272